





## Who are we?

Cardiff Metropolitan University is closely aligned with business and technology with many international partners from all over the world. We have over 8,000 students on two campuses and you will be joining the School of Technologies for your International Week.

## Where are we located?

Cardiff Metropolitan University is located in the heart of the Welsh capital. One of the best places for shopping in the UK. Cardiff has a great selection of bars, restaurants and clubs.

## How to reach us?

- Flights to Cardiff and Bristol Airport
- Bristol Airport (1hr) - National Express has regular routes for around £10 from Cardiff and Bristol ([www.nationalexpress.com](http://www.nationalexpress.com))
- London Heathrow is less than 2hrs away by train.

## Costs

- £230 for the week
- Catering (*breakfast, lunch and farewell meal*)
- 5 ECTS credit and Certificate of Attendance (optional)
- 5 nights accommodation (hostel)
- Visits to the National Assembly and Speedboating in Cardiff Bay.

## Where will I stay?

- City hostel ([NosDa.co.uk](http://NosDa.co.uk))
- Shared rooms

## Find out more...

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